

Innovations in Aging: An Interactive Discussion Facilitator's Guide

Presentation Overview

The purpose of the presentation is to facilitate discussion amongst a group of older adults about some of the latest innovations in aging and brain health. This presentation is designed to be an interactive session that has a facilitator.

Each presentation contains:

1. a definition of innovation and an introduction to the [Centre for Aging + Brain Health Innovation](#)
2. a 3-minute video and discussion questions about various CABHI-supported innovations in aging
3. a wrap-up

We recommend allotting 15-20 minutes for discussion. The full activity runs approximately 40 minutes.

Useful Questions to Prompt Discussion

Each video is followed by 4 questions for the facilitator to ask the audience:

1. How valuable is this innovation to you?
2. Do you think this innovation solves a problem in your daily life?
3. Would you or someone you know use this innovation?
4. Do you think this innovation can be improved in any way? If so, how?

How to Use the Questionnaire

Audience members can respond to the discussion questions both out loud, and via online voting on their own devices (e.g. smart phone, tablet, laptop). Each presentation contains a web link to the brief questionnaire. We encourage each individual to submit their own answers. Devices must be connected to the Internet in order to submit answers.

How to Contact Us

If you have any questions or feedback related to this activity, please send us an e-mail at info@cabhi.com.