

# Strength and Energy

A G N U T R I T I O N F O O D T N C  
H Y C M I N E R A L B J M P W E S S  
E N A E A J K M U S C L E J M F F T  
A R T P C I B O F R U I T S I Q T R  
L D I E T I T I A N F R A I L T Y E  
T E M H I D R W P S V I T A M I N N  
H N Y I V S V E G E T A B L E S Q G  
U E K K I G U E P O F S Y H R N L T  
R R M F T E W G Y R B I B O N E S H  
U G G J Y L L A F L U I D H E T U W  
H Y T G R A I N S H C X E Z H W J E  
I Q W B A V P R O T E I N S R B N E

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

ACTIVITY  
BONES  
DIETITIAN  
ENERGY  
FLUID  
FOOD

FRAILTY  
FRUITS  
GRAINS  
HEALTH  
MINERAL  
MUSCLE

NUTRITION  
PROTEIN  
STRENGTH  
VEGETABLES  
VITAMIN

## SOLUTION

# Strength and Energy

. . N U T R I T I O N F O O D . . .  
H . . M I N E R A L . . . . . S  
E . . . A . . M U S C L E . . . . T  
A . . . C . . . F R U I T S . . . R  
L D I E T I T I A N F R A I L T Y E  
T E . . I . . . . V I T A M I N N  
H N . . V . V E G E T A B L E S . G  
. E . . I . . . . . . . . . T  
. R . . T . . . . . . B O N E S H  
. G . . Y . . . F L U I D . . . . .  
. Y . G R A I N S . . . . . . . . .  
. . . . . P R O T E I N . . . . .

Word directions and start points are formatted: (Direction, X, Y)

ACTIVITY (S,5,3)

BONES (E,13,9)

DIETITIAN (E,2,5)

ENERGY (S,2,6)

FLUID (E,9,10)

FOOD (E,12,1)

FRAILTY (E,11,5)

FRUITS (E,9,4)

GRAINS (E,4,11)

HEALTH (S,1,2)

MINERAL (E,4,2)

MUSCLE (E,8,3)

NUTRITION (E,3,1)

PROTEIN (E,7,12)

STRENGTH (S,18,2)

VEGETABLES (E,7,7)

VITAMIN (E,11,6)

## PUZZLE INFO

# Strength and Energy

This worksheet was created with the Word Search Generator on Super Teacher Worksheets ([www.superteacherworksheets.com](http://www.superteacherworksheets.com)).

Puzzle Word List:

ACTIVITY	BONES	DIETITIAN
ENERGY	FLUID	FOOD
FRAILTY	FRUITS	GRAINS
HEALTH	MINERAL	MUSCLE
NUTRITION	PROTEIN	STRENGTH
VEGETABLES	VITAMIN	

Puzzle Title: Strength and Energy

Date Created: Jul 30, 2018

Filename: Strength and Energy Intermediate

Direct Link:

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