

Strength and Energy

G H F E K P W W K E O E H X J Q F X V Z D U F
B H J L V Q Z Q V Z S M C K R B H C X D I P F
O T Y J U N W G V O I U Y T L I A R F U S Z Y
N L H D R I O U T O N S O W Z F F M T D B Z G
E A W U C K D W S O W C F N X Y C G N I R S L
S E P C S S V W H S E L K O B I J F C E H N S
R H H Z Q L U W Q S B E V P O X H H G T I I T
T O C Q Z M I N E R A L C O I D P Q C I E A R
G O N I E T O R P W O A C T I V I T Y T H R E
H X Y T T O R G E N E R G Y B B N N V I U G N
N N B D N U T R I T I O N D J U R O E A U G G
S Q X V G M H K Q U W N I M A T I V K N C L T
B T M B Z D L J R Y J N P Y B O M V X G W Z H
V H V L J U S E L B A T E G E V V B E T J U J
Z W S M H Q V S T I U R F T Q W U V H J X B G
Y I C B E U D B Q K G I A M A C W P R H F R A

Find the following words in the puzzle.

Words are hidden     and .

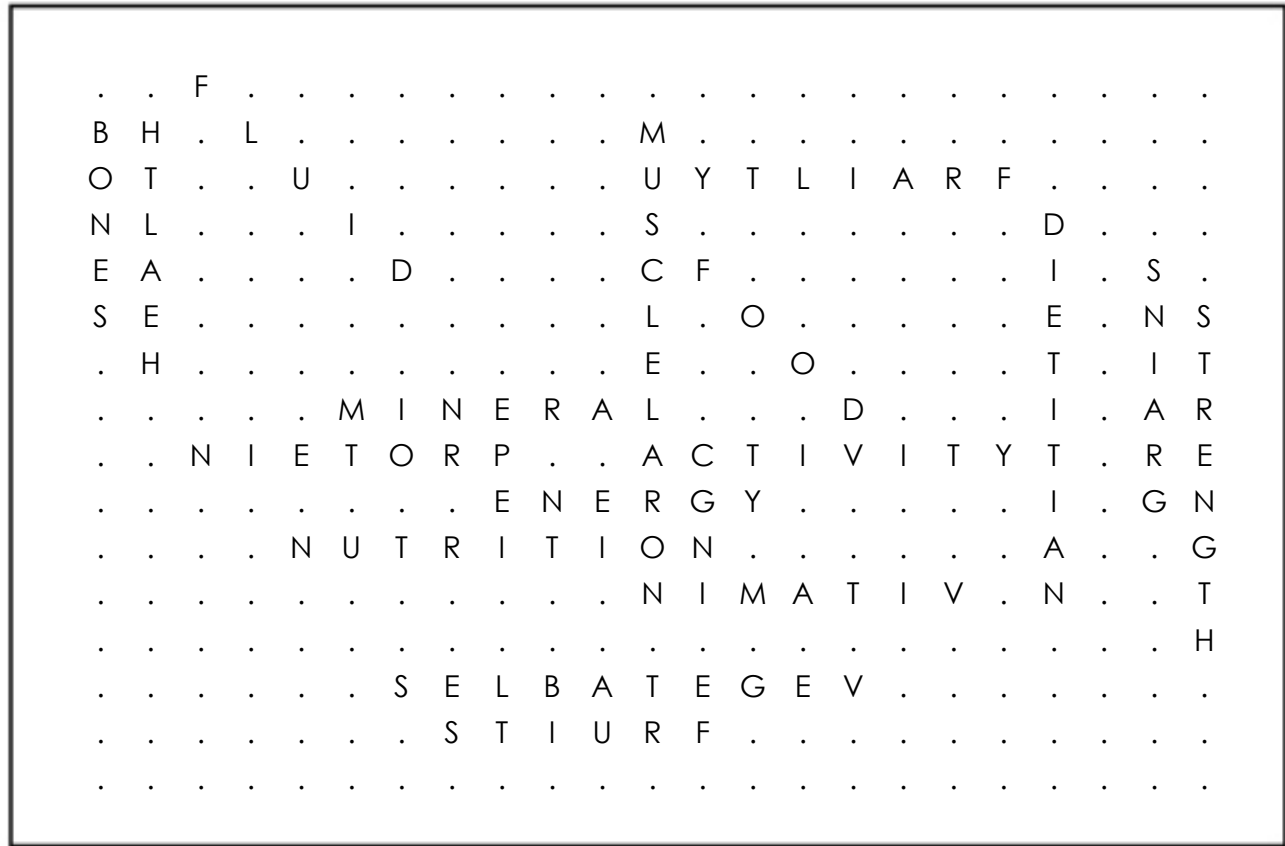
ACTIVITY
BONES
DIETITIAN
ENERGY
FLUID
FOOD

FRAILTY
FRUITS
GRAINS
HEALTH
MINERAL
MUSCLE

NUTRITION
PROTEIN
STRENGTH
VEGETABLES
VITAMIN

SOLUTION

Strength and Energy



Word directions and start points are formatted: (Direction, X, Y)

ACTIVITY (E,12,9)
BONES (S,1,2)
DIETITIAN (S,20,4)
ENERGY (E,9,10)
FLUID (SE,3,1)
FOOD (SE,13,5)

FRAILTY (W,19,3)
FRUITS (W,13,15)
GRAINS (N,22,10)
HEALTH (N,2,7)
MINERAL (E,6,8)
MUSCLE (S,12,2)

NUTRITION (E,5,11)
PROTEIN (W,9,9)
STRENGTH (S,23,6)
VEGETABLES (W,16,14)
VITAMIN (W,18,12)

PUZZLE INFO

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This worksheet was created with the Word Search Generator on Super Teacher Worksheets (www.superteacherworksheets.com).

Puzzle Word List:

ACTIVITY	BONES	DIETITIAN
ENERGY	FLUID	FOOD
FRAILTY	FRUITS	GRAINS
HEALTH	MINERAL	MUSCLE
NUTRITION	PROTEIN	STRENGTH
VEGETABLES	VITAMIN	

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